

OCTOBER

a peaceful and contented heart

Day 1 – Psalm 23:1–3	Day 17 – 1 Peter 5:6–7
Day 2 – Isaiah 26:3–4	Day 18 – John 14:27
Day 3 – Matthew 6:31–33	Day 19 – Colossians 3:15–17
Day 4 – Psalm 37:3–5	Day 20 – Psalm 62:5–8
Day 5 – Philippians 4:6–7	Day 21 – Romans 8:28
Day 6 – Psalm 46:10–11	Day 22 – Psalm 121:1–2
Day 7 – Proverbs 3:5–6	Day 23 – Lam. 3:22–24
Day 8 – Philippians 4:11–13	Day 24 – Psalm 100:4–5
Day 9 – 1 Timothy 6:6–8	Day 25 – 1 Thess. 5:16–18
Day 10 – Hebrews 13:5–6	Day 26 – Psalm 118:24
Day 11 – Psalm 16:5–6	Day 27 – Habakkuk 3:17–19
Day 12 – Proverbs 15:16–17	Day 28 – Psalm 103:1–5
Day 13 – Luke 12:15	Day 29 – Romans 15:13
Day 14 – Psalm 34:8–10	Day 30 – Psalm 92:1–2
Day 15 – Matthew 11:28–30	Day 31 – Philippians 4:8–9
Day 16 – Psalm 55:22	